



CIWA
Calgary Immigrant Women's Association

We are open!

By appointment only

403-263-4414 or reception@ciwa-online.com

Settlement and Integration Services			
Program(s)	Services	Delivery	Contact
Intake, Settlement and Referral Services & Integration Program	<ul style="list-style-type: none"> Information, orientation and referral services for all immigrants Supports with completing online documents (i.e. PR renewal, EI application, etc.) Interpretation support Supportive counseling Advocacy support 	<ul style="list-style-type: none"> In person or online Phone Email 	Lucy Natana LucyN@ciwa-online.com 403-263-4414 ext. 137
Emergency Housing & Find Me a Home	<ul style="list-style-type: none"> Support with the cost of rent for immigrant women at risk of eviction during COVID-19 outbreak Emergency support for immigrant women escaping abusive situations 	<ul style="list-style-type: none"> Phone Email 	Lucy Natana LucyN@ciwa-online.com 403-263-4414 ext. 137
Filipino Community Development Program	<ul style="list-style-type: none"> One on one support and family reunification services Group sessions on parenting courses, resume writing clinic, and family reunification workshops <p><i>*community based group programming suspended at this time</i></p>	<ul style="list-style-type: none"> In person or online Phone Email Online 	Maria Chelo Galay MariaG@ciwa-online.com 403-263-4414 ext. 156
Financial Coaching	<ul style="list-style-type: none"> Support services to help immigrants with managing finances 	<ul style="list-style-type: none"> In person or online Phone Email 	Lucy Natana LucyN@ciwa-online.com 403-263-4414 ext. 137
Legal Clinic	<ul style="list-style-type: none"> Access to immigration related legal support provided by Calgary Legal Guidance lawyers for low income immigrant women 	<ul style="list-style-type: none"> In person or online Phone Email 	Titi Memar TitiM@ciwa-online.com 403-263-4414 ext. 145
My Community My Home	<ul style="list-style-type: none"> One on one support for immigrant senior women <p><i>*community based group programming suspended at this time</i></p>	<ul style="list-style-type: none"> In person or online Phone Email 	Sameena Arif SameenaA@ciwa-online.com 403-263-4414 ext. 264
New Friends and Neighborhood Groups	<ul style="list-style-type: none"> One on one support for existing clients <p><i>*community based group programming suspended at this time</i></p>	<ul style="list-style-type: none"> In person or online Phone Email 	Debra Colley DebraC@ciwa-online.com 403-263-4414 ext. 156

Pre-employment Skills Program	<ul style="list-style-type: none"> • Ongoing one on one employment counselling session • Pre-employment support through mock interviews, resume critiques, and job search strategies • Computer class intake and registration • Accounting software training intake and registration • Workshops and information and orientation sessions 	<ul style="list-style-type: none"> • In person or online • Phone • Email • Online 	Saifan Kosheryan SaifanK@ciwa-online.com 403-263-4414 ext. 287
Pursuit of Happiness for immigrant seniors	<ul style="list-style-type: none"> • One on one support for existing clients <p><i>*community based group programming suspended at this time</i></p>	<ul style="list-style-type: none"> • In person or online • Phone • Email 	Allison Bajt AllisonB@ciwa-online.com 403-263-4414 ext. 156
RESP Support	<ul style="list-style-type: none"> • RESP information and orientation for immigrant mothers 	<ul style="list-style-type: none"> • In person or online • Phone • Email 	Tseday Mamo TsedayM@ciwa-online.com 403-263-4414 ext. 245
Tax Clinic	<ul style="list-style-type: none"> • Tax filing services for low income families 	<ul style="list-style-type: none"> • In person or online • Phone • Email 	Hellen Tesfai HellenT@ciwa-online.com 403-263-4414 ext. 131
Volunteer Program	<ul style="list-style-type: none"> • Limited services available at this time 	<ul style="list-style-type: none"> • In person or online • Phone • Email 	Janeth Alonso JanethA@ciwa-online.com 403-263-4414 ext. 144

Language Training & Childcare Department			
Program(s)	Services	Delivery	Contact
HIPPY - Home Instruction for Parents of Preschool Youngsters	<ul style="list-style-type: none"> • Ongoing one on one support for existing clients 	<ul style="list-style-type: none"> • Phone • Online 	Luz Buritica luzb@ciwa-online.com 403-263-4414 ext. 185
Language Instruction for Newcomers to Canada (LINC)	<ul style="list-style-type: none"> • Virtual classes and one on one support for students in place • Classes started on April 6th via Zoom 	<ul style="list-style-type: none"> • Phone • Online 	Marcela Alfonso marcelaa@ciwa-online.com 403-263-4414 ext. 122
Learning Support Services	<ul style="list-style-type: none"> • Ongoing support for LINC learners and instructors • Accepting referrals from partner agencies 	<ul style="list-style-type: none"> • Phone • Email 	Fiona Lowes fional@ciwa-online.com 403-263-4414 ext.152
Pebbles in the Sand	<ul style="list-style-type: none"> • Virtual classes and one on one support for students in place • Classes started on April 6th via virtual platforms 	<ul style="list-style-type: none"> • Phone • Online 	Anna Ermakova anna@ciwa-online.com 403-263-4414 ext.115

Employment Services Department			
Program(s)	Services	Delivery	Contact
Training for Professionals			
Bridge to Success for Professional Immigrant Women	<ul style="list-style-type: none"> Ongoing training 	<ul style="list-style-type: none"> Phone Email Online 	Tijana Jovanovic TijanaJ@ciwa-online.com 403-263-4414 ext. 274
Career Services for Foreign Trained Professionals	<ul style="list-style-type: none"> Ongoing recruitment for July 13th start date (Intake 2) 	<ul style="list-style-type: none"> In person or online Phone Email 	Roma Akram RomaA@ciwa-online.com 403-263-4414 ext. 127
Child Development Worker Training for Immigrant Women	<ul style="list-style-type: none"> Ongoing training 	<ul style="list-style-type: none"> In person or online Phone Email 	Vanessa Listana VanessaL@ciwa-online.com 403-263-4414 ext. 266
Labour Market Bridging for Volunteers: Interpretation and Translation	<ul style="list-style-type: none"> Ongoing recruitment for Oct 5th start date (Intake 2) 	<ul style="list-style-type: none"> Phone Email Online 	Elaine Lawson ElaineL@ciwa-online.com 403-263-4414 ext. 281
Links to Young Adult Employment	<ul style="list-style-type: none"> Ongoing recruitment for Oct 5th start date (Intake 2) 	<ul style="list-style-type: none"> In person or online Phone Email 	Punam Dalal PunamD@ciwa-online.com 403-263-4414 ext. 143
Training for Employment Entry			
Childcare Training for Low Literacy Immigrant Women	<ul style="list-style-type: none"> Ongoing training 	<ul style="list-style-type: none"> In person or online Phone Email 	Farzana Mubashir FarzanaM@ciwa-online.com 403-263-4414 ext. 128
Childcare Training Pathway	<ul style="list-style-type: none"> Ongoing training 	<ul style="list-style-type: none"> In person or online Phone Email 	Shahitha Maideen ShahithaM@ciwa-online.com 403-263-4414 ext. 163
Fast Track Employment Training for Immigrant Women	<ul style="list-style-type: none"> Ongoing recruitment for Protection Skills track (security guard), July 6 start Ongoing recruitment for Front-line Customer Service track, Aug 4th start 	<ul style="list-style-type: none"> Phone Email Online 	Ketaki Wani KetakiW@ciwa-online.com 403-263-4414 ext. 270
Food Service Training	<ul style="list-style-type: none"> Ongoing recruitment for July 6th start date (Intake 2) 	<ul style="list-style-type: none"> In person or online Phone Email 	Myla Felipe MylaF@ciwa-online.com 403-263-4414 ext. 250
Line Cook Training	<ul style="list-style-type: none"> Ongoing recruitment for July 6 intake 	<ul style="list-style-type: none"> In person or online Phone 	Soha Kamel Sohak@ciwa-online.com 403-263-4414 ext. 271

		<ul style="list-style-type: none"> • Email 	
Modular Employment Training	<ul style="list-style-type: none"> • Inquiries welcome • Classes start every Monday 	<ul style="list-style-type: none"> • In person or online • Phone • Email 	Jocelyn Echenique JocelynE@ciwa-online.com 403-263-4414 ext. 170
Retail Training Program	<ul style="list-style-type: none"> • Ongoing recruitment for July 27th start date (Intake 2) 	<ul style="list-style-type: none"> • In person or online • Phone • Email 	Marie Solange Bebandoue Evehe MarieB@ciwa-online.com 403-263-4414 ext. 229

Family Services Department			
Program(s)	Services	Delivery	Contact
Cross Cultural Parenting Program	<ul style="list-style-type: none"> • Ongoing one on one support for immigrant parents and grandparents • Virtual group parenting sessions 	<ul style="list-style-type: none"> • Online • Phone • Email 	Fiona Hayes FionaH@ciwa-online.com 403-263-4414 ext. 160
Civic Engagement	<ul style="list-style-type: none"> • Ongoing one on one follow up support to all existing clients • Virtual Train the Trainer sessions for adult and youth • Youth Leadership Course <p><i>*registration required for all courses</i></p>	<ul style="list-style-type: none"> • Online • Phone • Email 	Shannon Edeonu ShannonE@ciwa-online.com 403-263-4414 ext. 199
Employment Security Alliance for Vulnerable Immigrant Women	<ul style="list-style-type: none"> • Ongoing one on one support to all existing clients • Limited group sessions for employer participants 	<ul style="list-style-type: none"> • Online • Phone • Email 	Ayodeji Adetimehin AyodejiA@ciwa-online.com 403-263-4414 ext. 233
Family Conflict Prevention Program	<ul style="list-style-type: none"> • Ongoing one on one counseling services for immigrant women and men • Accepting new intakes and appointments • Virtual support groups 	<ul style="list-style-type: none"> • In person • Phone • Email 	Bela Gupta BelaG@ciwa-online.com 403-828-4968
Family Resource Network Hub	<ul style="list-style-type: none"> • Accepting referrals for the following spoke services: <ul style="list-style-type: none"> ○ HIPPY ○ Home Visitation ○ Immigrant, Girls, Boys and More ○ Individualized parenting support 	<ul style="list-style-type: none"> • In person or online • Phone • Email 	Veronica Aliu VeronicaA@ciwa-online.com 403-263-4414 x 280
In Home Support	<ul style="list-style-type: none"> • Ongoing one on one support to existing clients • Initial needs assessment • Critical services referrals • Accepting referrals from Children's Services 	<ul style="list-style-type: none"> • In person • Phone • Email 	Kashmira Zala KashmiraZ@ciwa-online.com 403-263-4414 ext. 195
One-on-One Counselling	<ul style="list-style-type: none"> • Ongoing one on one counseling services for female immigrant youth and seniors 	<ul style="list-style-type: none"> • In person • Phone • Email 	Azita Afsharnejat AzitaA@ciwa-online.com 403-263-4414 ext. 147

	<ul style="list-style-type: none"> • Accepting referrals via phone and email • Virtual group sessions 		
Pathways to Success for Immigrant Youth	<ul style="list-style-type: none"> • Ongoing one on one support to existing clients • Virtual support groups 	<ul style="list-style-type: none"> • In person or online • Phone • Email 	Raidah Noshin RaidahN@ciwa-online.com 403-263-4414 ext. 283
Supports for Immigrants with Mental Health and Addiction Issues	<ul style="list-style-type: none"> • Ongoing one on one mental health and addictions support for immigrant women and men • Accepting new intakes and appointments • Virtual support groups 	<ul style="list-style-type: none"> • In person • Phone • Email 	Vandana Sharma VandanaS@ciwa-online.com 403-263-4414 ext. 255
Youth Mentorship Program	<ul style="list-style-type: none"> • Ongoing one on one follow up support to all existing clients • Ongoing recruitment for new mentees and mentors <p><i>* group & mentorship sessions suspended at this time</i></p>	<ul style="list-style-type: none"> • In person • Phone • Email 	Sirine Morra SirineM@ciwa-online.com 403-263-4414 ext.217
Youth Program	<ul style="list-style-type: none"> • Daily home activities for female immigrant youth • Ongoing one on one support to existing clients • Virtual group sessions for Girls Culture Club and homework support <p><i>*community based programming suspended at this time.</i></p>	<ul style="list-style-type: none"> • Online • Phone • Email 	Amarjit Parmar AmarjitP@ciwa-online.com 403-263-4414 ext. 148
Victims Support Outreach Program	<ul style="list-style-type: none"> • Ongoing one on one support • Accepting referrals from Children's Services 	<ul style="list-style-type: none"> • In person • Phone • Email 	Catherine Kurishungal CatherineK@ciwa-online.com 403-561-0549

For general inquiries, contact the following:

Settlement and Integration Services	Email: settlement@ciwa-online.com Phone: 403-444-1757
Language Training	Email: language@ciwa-online.com Phone: 403-444-1756
Employment Services	Training for professionals: Email: careerservices@ciwa-online.com Phone: 403-444-1751
	Training for employment entry: Email: workplaceservices@ciwa-online.com Phone: 403-444-1821
Family Services	Email: familyservices@ciwa-online.com Phone: 403-444-1759

Calgary Immigrant Women's Association
Suite 200, 138 - 4 Avenue SE Calgary, Alberta T2G 4Z6 | 403.263.4414 | www.ciwa-online.com

