

Grandma's Kitchen



Grandma's Kitchen is a free group for women, 50 years and over. This is a great way to make friends, learn multicultural recipes and share ideas and concerns. The group focuses on self esteem, healthy living and adapting to life in Canada.

Various locations around Calgary:



Calgary Affordable Housing Complex
224 Edgeburn Lane NW

Calgary Affordable Housing Complex
205, 4848 Dalton Drive NW

Sonrise Community Baptist Church
7015 32 Avenue NE

North of McKnight Resource Centre
95 Falshire Drive NE



For more information please contact:

Mani Korha at (403) 263-4414 ext. 159
or
Mojnura Khan at (403) 263-4414 ext. 157

CIWA Main Office
200, 138 - 4th Avenue SE
www.ciwa-online.com

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