

About CIWA

Calgary Immigrant Women's Association is a non-profit, charitable organization established in 1982 to address the barriers, needs and concerns of immigrant and refugee women, youth and families.

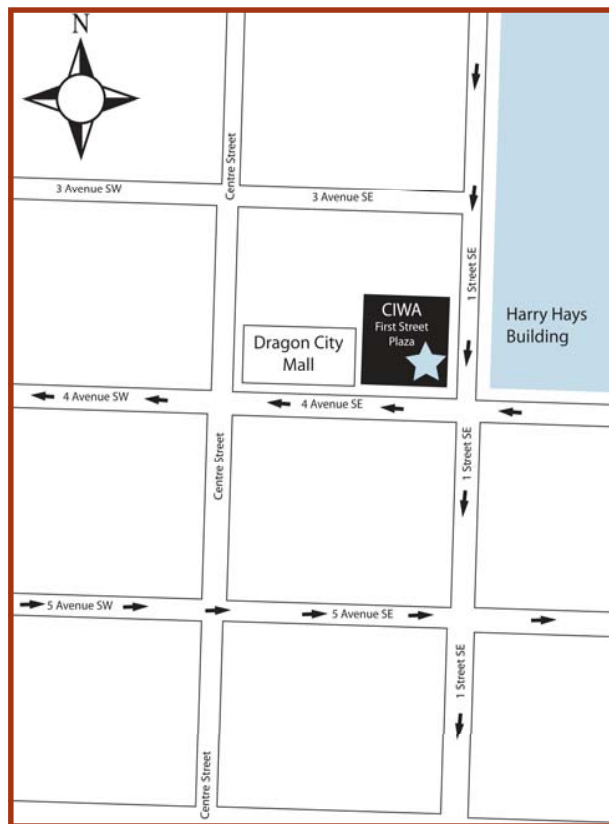


Vision: Women from diverse backgrounds are empowered to reach their goals and dreams as equal and contributing members of Canadian society.

Mission: CIWA delivers professional services that facilitate the integration and full participation of women and their families in the community.

Values: Equality, Empathy, Inclusiveness and Integrity

Contact Us



Calgary Immigrant Women's Association

First Street Plaza
#200, 138 - 4th Avenue S.E.
Calgary, Alberta
Tel: 263-4414
Fax: 264-3914

Funded by



CALGARY



IMMIGRANT WOMEN'S ASSOCIATION

Family Conflict Program



Problem Solving and Support for Families and Individuals

What We Do

We provide professional, culturally sensitive counselling for immigrant/refugee women and their spouses/partners who are experiencing transition challenges, relationship problems, abuse and trauma.

We can help with:

- Transitions or changes in life
- Relationship difficulties
- Effective communication and positive parenting skills
- Self confidence
- Safety and support networks
- Community integration

Services are provided free of charge in a safe and confidential environment with first language support.



Services

We provide the following:

- Home visitations
- Counselling in a culturally sensitive manner
- Emotional support
- Help with parenting issues
- Workshops and presentations about self esteem, family difficulties and trauma
- Support groups
- Referral to other organizations and resources

Childcare

Childcare is provided free of charge for children ages 6 months to 6 years.



FOR MORE INFORMATION:

(403) 263-4414

familyservices@ciwa-online.com

If you need help in the evening or weekend please call:

- Distress Centre (403) 266-1605
- Calgary Women's Emergency Shelter (403) 234-7233
- Sheriff King Home (403) 266-0707
- Calgary Police Service Non-Emergency (403) 266-1234
- Calgary Police Emergency Services 911