

About CIWA

Calgary Immigrant Women's Association is a non-profit, charitable organization established in 1982 to address the barriers, needs and concerns of immigrant and refugee women, youth and families.

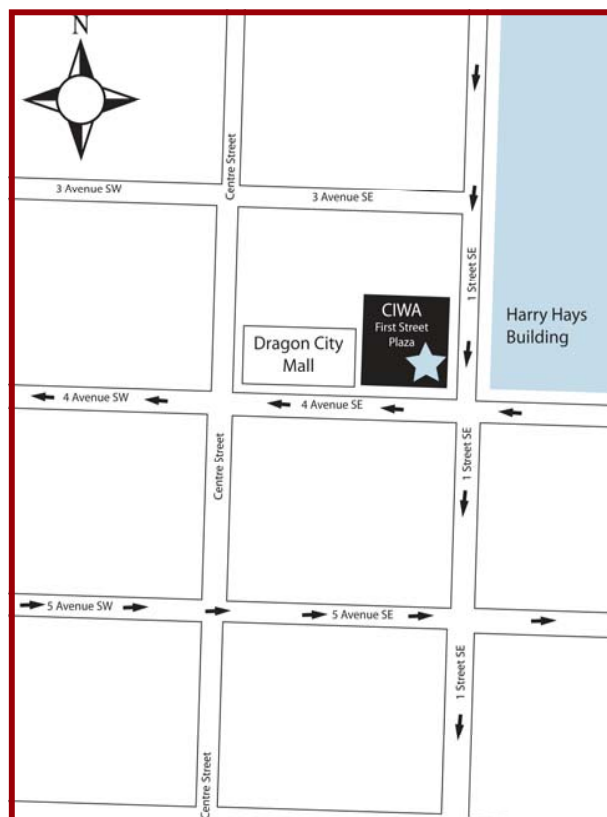


Vision: Women from diverse backgrounds are empowered to reach their goals and dreams as equal and contributing member of Canadian society.

Mission: CIWA delivers professional services that facilitate the integration and full participation of women and their families in the community.

Values: Equality, Empathy, Inclusiveness and Integrity

Contact Us



Calgary Immigrant Women's Association
First Street Plaza
#200, 138 - 4th Avenue S.E.
Calgary, Alberta
Tel: 263-4414
Fax: 264-3914

Funded provided by:



Alberta Children & Youth Services



**Family Conflict
Outreach Counselling**



**Problem solving and support
for families and individuals**

Project Description

Family Conflict Outreach Counselling assists immigrant and refugee families, with personalized support.

We can help with:

- Relationship difficulties
- Transitions or changes in life
- Effective communication and prevention of conflict
- Self confidence
- Safety and support networks
- Community integration

Services are provided free of charge, offered in multiple languages and are supported by childcare.



Services Provided with First Language Support

- Home visitations
- Culturally sensitive counselling
- Emotional support
- Basic needs counselling
- Tools to deal with overwhelming situations
- Support with parenting issues
- Referrals to other organizations and resources

Understanding

CIWA counsellors are:

- Confidential and trustworthy
- Appreciative of diversity
- Immigrants like you

CONTACT US

FOR MORE INFORMATION:

(403) 263-4414

familyservices@ciwa-online.com

If you need help in the evening or weekend please call:

- Distress Centre (403) 266-1605
- Calgary Women's Emergency Shelter (403) 234-7233
- Sheriff King Home (403) 266-0707
- Calgary Police Service Non-Emergency (403) 266-1234
- Emergency Services (Calgary Police) 911